

FAMILY FOOTPRINTS PR3 – FAMILY LEARNING TOOLKIT

Interactive Magazine: Digital Footprint And My Digital Identity – Introductory Level



Level: Introductory Level

Age Group: 13 to 17 years

Topic: Digital footprint and my digital identity



WELCOME

Have you ever heard of a digital footprint? Would you like to learn more about this, and learn how your digital footprint can impact your personal and professional lives? Well, this video will explain to you what a digital footprint is, what it includes and how you can be more careful to make sure your footprint is clean!



CHECK-IN QUIZ:

Thank you for watching this short video! Can you spare 2 minutes to reflect and answer some questions about the video? Thank you!

1. Did you find that short video interesting?

Yes
No
I don't know

2. Did you learn something new from the video?

Yes
No

a. If yes, what did you learn?

<Insert open text box answer>

3. Did you ever consider how safe your personal information is online?

Yes
No
I don't know

4. Do you regularly re-set your passwords and complete security check-ups?

Yes
No
I don't know

5. Do you think you can take extra steps to protect your identity online?

Yes
No
I don't know

a. Take 2 minutes to write down why you think that. Explain your answer here:

<Insert open text box answer>

EXPECTED LEARNING OUTCOMES

Knowledge

Knowledge of what digital footprint is and of one's own.

Skills

- Discuss career prospects being impacted by digital footprint
- Outline how to have a clean footprint.

Attitudes

Willing to act and live responsibly online.



**ARTICLE: HOW
TO CLEAN
YOUR DIGITAL
FOOTPRINT!**

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HOW TO CLEAN YOUR DIGITAL FOOTPRINT

As a teenager in the digital age, it's essential to understand the importance of maintaining a clean digital footprint. Your online presence can have a significant impact on your future, from college admissions to job opportunities, and everything in between. That's why it's crucial to take control of your digital footprint and make sure it's a positive reflection of who you are. It is also essential to understand the importance of acting responsibly online. Your online behaviour can have real-life consequences and affect your reputation, relationships, and future opportunities.

Here are some steps you can take to ensure you have a clean digital footprint and to act responsibly online:

1. Clean up your social media accounts: Go through your social media profiles and delete any posts or comments that could be considered inappropriate or offensive. This includes anything that's racist, sexist, or violates community guidelines. Remember, anything you post online could be seen by anyone, so it's important to be mindful of what you share.

2. Adjust your privacy settings: Make sure your social media accounts have strong privacy settings to limit the amount of personal information you share with others. This includes your full name, home address, phone number, and other sensitive information.
3. Respect others: Treat others online the way you would like to be treated. Avoid participating in cyberbullying, spreading false information, or posting offensive comments.
4. Be mindful of what you post: Before you post anything online, think about how it could impact you and others. Don't post anything that could potentially harm your reputation or cause problems in the future.
5. Protect your personal information: Be cautious about the personal information you share online and make sure to keep it private. This includes your full name, home address, phone number, and other sensitive information.
6. Use technology wisely: Be mindful of how much time you spend online and limit your exposure to technology. This will help you maintain a healthy balance between your online and offline life.
7. Report online abuse: If you witness online abuse or harmful behaviour, report it to the appropriate authorities. By speaking out against online abuse, you can help create a safer and more respectful online community.
8. Think before you click: Be mindful of the

information you share online and make sure it's accurate. Don't spread false information or participate in online bullying.

9. Google yourself: Regularly search for your name on Google to see what information is available about you online. This will give you an idea of your digital footprint and help you identify any areas you need to improve.

In conclusion, having a clean digital footprint is essential in today's digital age. By following these steps, you can help ensure that your online presence is a positive reflection of who you are. Remember, anything you post online could be seen by anyone, so it's crucial to be mindful of what you share and how you present yourself online.

So, take control of your digital footprint today and make sure it's a positive reflection of who you are. Your future self will thank you!



SELF-HELP ACTIVITY 1 – MY DIGITAL FOOTPRINT ONLINE

SELF-HELP ACTIVITY 1 – MY DIGITAL FOOTPRINT ONLINE

Think about the information that you share online. While certain information that you share online might seem private to yourself and your friends, it could be difficult to truly control that your information remains private. Reflecting on your digital footprint and the right to be forgotten can be an important step in developing responsible online behaviour. By considering the impact of your online activity and reflecting on the importance of privacy and freedom of expression, you can become a more mindful and ethical digital citizen.

Have you ever thought about what you share online? Things like posts, comments, pictures, and personal information can be viewed by many people. Reflect on your online activity with these questions:

- What kind of impact could your online activity have on your reputation, relationships, and future opportunities?
- Is everything you share online private? Can you trust the people who see it?

It's important to know your rights online. You can learn about laws that let you ask for your personal information to be taken down from websites. One of these laws is

called Article 17 of the GDPR, and it's known as the "right to be forgotten." This means that you can ask for your information to be completely removed from the internet if you want to.

How do you think this right to be forgotten could affect you?

Think about how the right to be forgotten relates to your own online activity. Would you ever want to use this right? What information would you want to take down? Write down your own rules for online behaviour. Think about how you can express yourself freely while also respecting other people's privacy and dignity.

In conclusion, it's important to be mindful of what you share online, as it can have a big impact on your



reputation, relationships, and future opportunities. Knowing your rights online, such as the “right to be forgotten,” can help you take control of your personal information and protect your privacy. By being thoughtful about your online activity and following your own guidelines, you can use the internet in a positive and responsible way.

If you want to get information removed from the internet, you can use the video below to learn how you can request your information be deleted from Google.

Link to Video:

Requesting content removals under the right to be forgotten (Google):

<https://www.youtube.com/watch?v=TIivyRpCKwg>

VIDEO LIBRARY

[VIDEO] Teen Voices: Oversharing and Your Digital Footprint – Common Sense Education

<https://youtu.be/ottnH427Fr8>

[VIDEO] What is a Digital Footprint – LPUB Academic Center

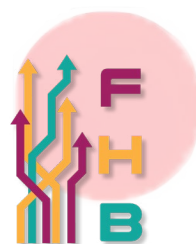
https://youtu.be/dmQGq_FNBpE

[VIDEO] What Do Your Digital Footprints Say About You? - Nicola Osborne, TEDxYouth@Manchester

<https://youtu.be/RVX8ZSAR4OY>



FAMILY FOOTPRINTS



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