



FAMILY FOOTPRINTS PR3 – FAMILY LEARNING TOOLKIT

**Interactive Magazine: Changing habits for a
carbon-neutral future
– Advanced Level**

Level:

Advanced Level

Age Group:

18 to 20 years

Topic:

Changing habits for a carbon-neutral future

WELCOME

Hello, and welcome to this online magazine. In this magazine, we will introduce you to how policymakers, businesses and communities are addressing our target for carbon neutrality, and how this will shape our future. To get you started on learning more about these topics, we have prepared this short video – thanks for watching!

CHECK-IN QUIZ:

Thank you for watching this short video! Can you spare 2 minutes to reflect and answer some questions about the video? Thank you!

1. Did you find that short video interesting?

Yes
No
I don't know

2. Did you learn something new from the video?

Yes
No

a. If yes, what did you learn?

<Insert open text box answer>

3. Had you heard about these European policies and targets?

Yes
No
I don't know

4. Are you aware of how European policies are shaping national policies in your country?

Yes
No
I don't know

5. How can you change your habits to help to meet the headline targets in these European policies?

Yes
No
I don't know

a. Take 2 minutes to write down why you think that. Explain your answer here:

<Insert open text box answer>

EXPECTED LEARNING OUTCOMES

Knowledge

Knowledge of European policies and targets re: carbon neutrality..

Skills

- Discuss the headline targets of European policies.
- Give examples of how businesses are going neutral.

Attitudes

Aware of how carbon neutrality will shape our future.

**ARTICLE: HOW
BUSINESSES ARE
HELPING TO SHAPE
OUR CARBON
NEUTRAL FUTURE
AND WHAT WE CAN
DO AS CONSUMERS**



ARTICLE: HOW BUSINESSES ARE HELPING TO SHAPE OUR CARBON NEUTRAL FUTURE AND WHAT WE CAN DO AS CONSUMERS

HOW BUSINESSES ARE HELPING TO SHAPE OUR CARBON NEUTRAL FUTURE AND WHAT WE CAN DO AS CONSUMERS

As individuals, we all have a role to play in addressing climate change, but businesses also have a significant impact on the environment. European Carbon Neutral policies have set the headline target of achieving carbon neutrality by 2050, and businesses are changing to help meet this target. Here are some examples and case studies of businesses in Europe that are taking steps to reduce their carbon footprint and contribute to a more sustainable future.

- IKEA - IKEA is one of the world's largest home furnishings retailers, and it is committed to reducing its carbon footprint. The company has set a goal to become 100% renewable, and it is investing in wind and solar power to generate its own energy. IKEA is also working to make its products more sustainable, using materials from sustainable

sources and reducing waste in its supply chain.

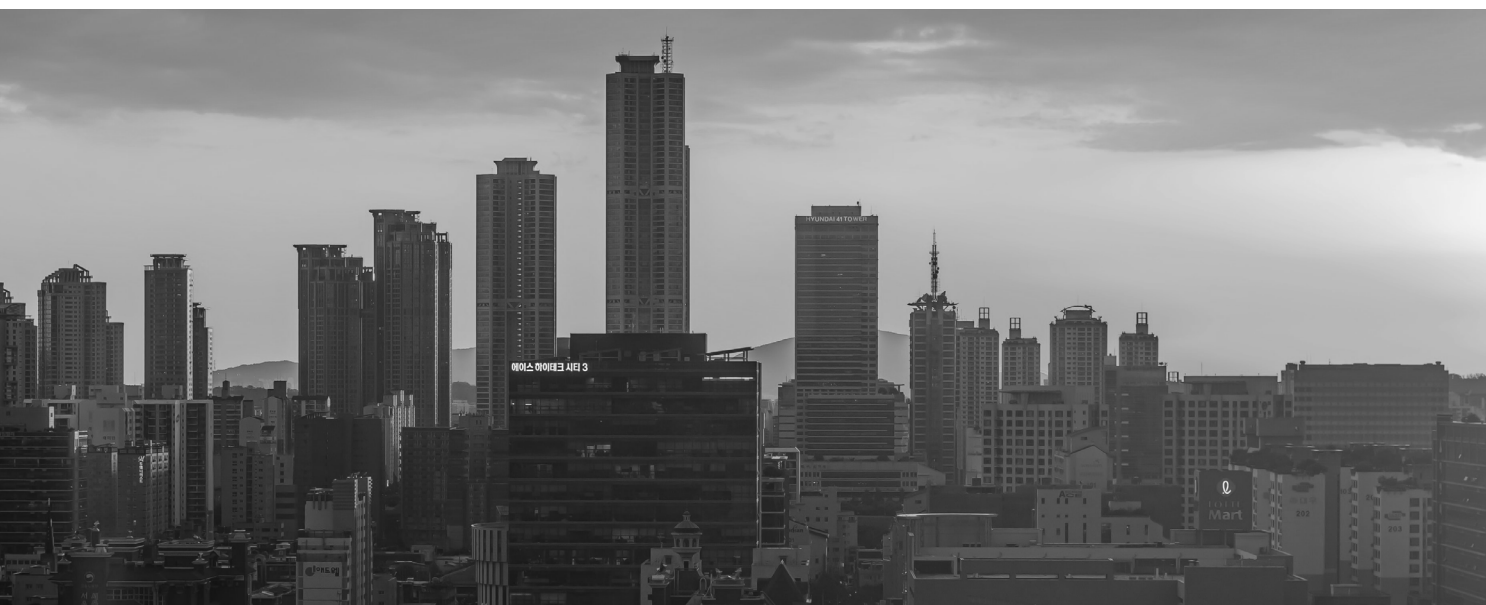
- Unilever - Unilever is one of the world's largest consumer goods companies, and it is committed to reducing its carbon footprint. The company has set a goal to become carbon neutral by 2039, and it is investing in renewable energy and reducing emissions from its operations and supply chain. Unilever is also working to make its products more sustainable, reducing waste and using environmentally friendly packaging.
- BMW - BMW is a leading automaker, and it is committed to reducing its carbon footprint. The company has set a goal to become carbon neutral by 2039, and it is investing in electric vehicles and renewable energy. BMW is also working to make its manufacturing processes more sustainable, reducing emissions and waste and using more environmentally friendly materials.
- EON - EON is a leading energy company, and it is committed to reducing its carbon footprint. The company has set a goal to become carbon neutral by 2040, and it is investing in renewable energy and



energy efficiency. EON is also working to make its operations more sustainable, reducing emissions and waste and using more environmentally friendly materials.

These are just a few examples of businesses in Europe that are changing to help address the headline targets of European Carbon Neutral policies. By reducing emissions and investing in sustainability, these businesses are helping to create a more sustainable future for all.

In conclusion, businesses have a significant impact on the environment, and they are changing to help address the headline targets of European Carbon Neutral policies. By investing in renewable energy, energy efficiency, and sustainability, businesses are contributing to a more sustainable future. As consumers, we can support these businesses by choosing products and services that are environmentally friendly, and by encouraging businesses to adopt sustainable practices. By working together, we can create a more sustainable future for all.



SELF-HELP ACTIVITY 1 – MY CARBON FOOTPRINT

SELF-HELP ACTIVITY 1 – MY CARBON FOOTPRINT

Micro-plastics are small plastic particles that are found in the environment and can easily enter our food chain. They come from a variety of sources such as plastic bottles, food packaging, and synthetic fabrics. These tiny particles can have a negative impact on our health and the environment. In this activity, we will reflect on the micro-plastics that could be potentially in our foods and what we can do to mitigate their impact on our health.

Check out the video linked below to learn more about how we can take action to solve climate change. The video focuses on the importance of using your voice to make a difference in the fight against climate change. The video can present a bleak view of climate change but shows the importance of using your voice and vote when looking to create real climate action.

After watching the video, try this activity to learn how you can make some changes in your life to become more carbon neutral and stay informed about climate action!

Take a moment to think about your daily habits that might contribute to your carbon footprint.

- How much energy do you use each day?

- How do you get around?
- What do you eat?

Write down your thoughts on a piece of paper.

Consider how you can help reduce your carbon footprint and contribute to the EU's goal of carbon neutrality.

- How can you encourage others to join you in this fight?
- Who could you petition to make sure that climate action happens in your country?

Do some research on the political parties in your country. Which ones support carbon neutrality and climate action? Knowing this information can help you vote in the next election.

Based on your thoughts and research, create a list of practical steps you can take to help fight for carbon neutrality. For example, who you could vote for, who you could petition to make real change, or how you could take small steps towards climate action!

Getting involved in the fight for carbon neutrality requires individual and collective action. By reflecting on your role in this fight and identifying practical steps you can take, you can contribute to the EU's carbon neutrality objectives and help build a more sustainable future.

Link to Video:

Can YOU Fix Climate Change? (Kurzege sagt – In a Nutshell):

https://www.youtube.com/watch?v=yiw6_JakZFc

VIDEO LIBRARY

[VIDEO] Carbon neutral future? Costa Rica is showing us the way | Ways to Change the World – World Economic Forum

<https://youtu.be/yAZxYONrYd8>

[VIDEO] The European Green Deal explained in 3 minutes – Wind Europe

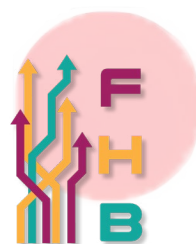
<https://youtu.be/zf74KGVOhm4>

[VIDEO] COP-26 –What IKEA means about become climate positive 2030 - IKEA

https://youtu.be/H-_zZHOOn1gI



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